

# She's one smart mom

She's got text4baby



**Text BABY to 511411**

Get **FREE** messages on your cell phone to help you through your pregnancy and your baby's first year.

**B**   
**text4baby**  
**text4baby.org**

CTIA The Wireless Foundation

Participating carriers include Alltel, Assurance Wireless, AT&T, Boost Mobile, Cellular South, Cellcom, Centennial Cellular, Cincinnati Bell, Cricket, Metro PCS, N-Telos, Sprint Nextel, T-Mobile, U.S. Cellular, Verizon Wireless, and Virgin Mobile USA. If you believe you have been charged for text4baby messages in error, please contact your service provider.



The U.S. Department of Health and Human Services is a partner of the text4baby program, a free service of the National Healthy Mothers, Healthy Babies Coalition.

# Es una mamá inteligente

## Utiliza text4baby



Envía **BEBE** al **571411**

Recibe mensajes **GRATIS**  
en tu teléfono que te ofrecerán  
ayuda durante tu embarazo  
y el primer año de tu bebé.



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[text4baby.org](http://text4baby.org)

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El Departamento de Salud y Servicios Humanos de los EE.UU. apoya el programa text4baby, un servicio gratuito de National Healthy Mothers, Healthy Babies Coalition.

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CNA The Wireless Foundation

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